

RODNEY JONES, M.D. & MILTON LANDERS D.O., PhD.

MIDWEST SURGERY CENTER

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BLOOD THINNER INSTRUCTIONS

******Please check with your prescribing physician before stopping ANY medications.**

It is very important that your blood is not “thinned” before having injections around your spine. On the back side of this sheet we have listed the most common blood thinners. If you are currently using any of these medications or supplements, please stop them as directed for all scheduled appointments with Dr. Jones or Dr. Landers. If these medications are not stopped you will not be able to have a procedure.

Please call our office and speak with a nurse if you have any questions about these instructions or medications you are taking.

Alphabetical listing of Blood Thinning Medications

Please check with your prescribing physician before stopping ANY medications.

| <u>Taken alone stop:</u> | <u>Combined with Aspirin and/or any other Thinner stop both medications:</u> |
|------------------------------------|--|
| Aggrenox (aspirin/dipyridamole) | 10 days 14 days |
| Aleve (Naproxen) | 4 days |
| Arixtra (fondaparinux) | 2 days (stop aspirin 7 days prior/fondaparinux 2 days) |
| Aspirin | 4 days |
| Brilinta (ticagrelor) | 5 days 7 days |
| Coumadin (warfarin) | 7 days 11 days |
| Diclofenac(Voltaren) | 1 day |
| Effient (prasugrel) | 7 days 11 days |
| Ibuprofen (Advil,Motrin) | 4 days |
| Lovenox (enoxaparin) | 12 hours |
| Feldene(Piroxicam) | 9 days |
| Fragmin (daltaparin) | 2 days (stop aspirin 7 days prior/fragmin 2 days) |
| Garlic | 14 days 17 days |
| Ginger | 14 days 17 days |
| Ginkgo Bilboa | 14 days 17 days |
| Ginseng | 14 days 17 days |
| Heparin | 12 hours |
| Innohep (tinzaparin) | 2 days (stop aspirin 7 days prior/innohep 2 days) |
| Pentoxifylline | 7 days 11 days |
| Persantine (dipyridamole) | 2 days (stop aspirin 7 days prior/dipyridamole 2 days) |
| Plavix (clopidogrel) | 7 days 11 days |
| Pletal (cilostazol) | 7 days 11 days |
| Pradaxa | 4 days if 60 yrs old or younger 6 days if 61 yrs old or older 7 days |
| Ticlid (ticlopidine) | 14 days 17 days |
| Trental (pentoxifylline) | 7 days 11 days |
| Vitamin E | 6 days (if greater than 400 units daily) |